

## Lauren J. Human

---

Department of Psychology, McGill University  
 2001 McGill College  
 Montreal, Quebec H3A 1G1  
 514-398-3982 | laurenhuman@gmail.com  
 www.laurenhuman.com

### ACADEMIC POSITIONS

2016 – Present	<b>Tier II Canada Research Chair</b> Social Perception & Expression	McGill University
2021 – Present	<b>Associate Professor</b> Social & Personality Psychology Department of Psychology	McGill University
2015 – 2021	<b>Assistant Professor</b> Social & Personality Psychology Department of Psychology	McGill University
2013 – 2015	<b>Postdoctoral Research Fellow</b> Social & Health Psychology Department of Psychiatry	University of California, San Francisco
2012	<b>Visiting Scholar</b> Health & Personality Psychology Department of Psychology	Northwestern University
2011	<b>Statistical Consultant</b> Department of Psychology	University of British Columbia

### EDUCATION

2013	Ph.D., Social & Personality Psychology Minor in Quantitative Methods	University of British Columbia
2009	M.A., Social & Personality Psychology	University of British Columbia
2007	B.A., Psychology	University of British Columbia

### HONORS AND AWARDS

2019	Sage Young Scholar Award, Foundation for Personality and Social Psychology
2015	Rising Star, Association for Psychological Science
2015	Faculty Paper Presentation Grant, McGill University
2013 – 2015	Postdoctoral Fellowship, Social Sciences & Humanities Research Council (SSHRC)
2014	Tanaka Personality Psychology Dissertation Award Finalist
2012	Michael Smith Foreign Study Supplement, SSHRC
2010	Travel Award, Society for Personality and Social Psychology
2009 – 2013	Four-Year Fellowship, University of British Columbia (UBC)
2009 – 2012	Joseph-Armand Bombardier Canada Graduate Scholarship – Doctoral, SSHRC

2008 – 2009 Li Tze Fong Memorial University Graduate Fellowship, UBC  
 2007 – 2008 Canada Graduate Scholarship - Master's, SSHRC

## FUNDING

### Principal Investigator

2016-2021 Canada Research Chair, Tier II  
*Social Perception and Expression*  
 \$165,000 in research funds

2016-2023 Social Sciences and Humanities Research Council (SSHRC)  
 Insight Grant  
*Consequences of first impressions: Examining the benefits of accuracy.*  
 \$157,821

2016-2020 Fonds de Recherche du Québec – Société et Culture (FRQSC)  
 Establishment of New Research Professors Grant  
*Enhancing accurate social perception: Promoting authentic self-expression to benefit social interactions.*  
 \$49,992

### Co-investigator, Collaborator, or Consultant

2018-2023 National Institutes of Health R01 HL136676  
*An interpersonal relationships intervention for improving cardiovascular health in youth.*  
 Consultant  
 \$815,601  
 PIs: Edith Chen, Kathryn Grant

2017-2022 SSHRC Insight Grant  
*Understanding affective social competence: Links between accurate recognition and expression of emotion and support within friendship from pre-adolescence to young adulthood.*  
 Co-investigator  
 \$164,914  
 PI: Melanie Dirks; Co-I: Jennifer Bartz

2017-2021 FRQSC Team Research Grant  
*Identity and social dysfunction.*  
 Co-investigator  
 \$401,318  
 PI: John Lydon; Co-I: Mark Baldwin, Jennifer Bartz, Stéphane Dandeneau, Roxanne de la Sablonnière, Maya Yampolsky, Donald Taylor

- 2017-2019 SSHRC Insight Development Grant  
*You scratch my back, I'll scratch yours: Exploring the roles behavioral and neural responses to prosocial behavior play in the development of healthy friendships.*  
 \$72,200  
 Collaborator  
 PI: Anna Weinberg; Co-I: Melanie Dirks
- 2016-2018 Wake Forest University & Templeton Foundation  
 Moral Beacon Project  
*Morally exceptional in unexceptional circumstances: Identifying the mechanisms and consequences of moral exceptionality in everyday life.*  
 \$62,569  
 Co-investigator  
 PI: Erika N. Carlson; Co-I: Matthew Feinberg

### PEER-REVIEWED JOURNAL PUBLICATIONS

\**Graduate Student Supervisee*

†*Undergraduate Student Supervisee*

Bjornsdottir, R. T., Hehman, E. & Human, L. J. (*in press*). Consensus enables accurate social judgments. *Social Psychological and Personality Science*.  
<https://osf.io/2wmgx/>

\*Heyman, J. L., \*Kerr, L. G., & Human, L. J. (*in press*). Social media use predicts greater liking in in-person interactions. *Personality and Social Psychology Bulletin*.  
<http://10.1177/01461672211040964>  
<https://osf.io/qu8gn/>

+Latif, N., +Human, L. J., Capozzi, F., & Ristic, J. (2021). Intrapersonal behavioral coordination and expressive accuracy during first impressions. *Social Psychological and Personality Science*. Advance Online Publication. <https://doi.org/10.1177/19485506211011317>  
<https://osf.io/kwsjv/>  
 +Co-first authors

Human, L. J., Rogers, K. H., & Biesanz, J. C. (2021). In-person, online, and up-close: The cross contextual consistency of expressive accuracy. *European Journal of Personality*, 35, 120-148. <http://dx.doi.org/10.1002/per.2272>  
<https://osf.io/4jvk9/>

Elsaadawy, N., Carlson, E. C., & Human, L. J. (2021). Who influences meta-accuracy? It takes two to know the impressions we make. *Journal of Personality and Social Psychology*, 121, 201–214. <https://doi.org/10.1037/pspp0000376>  
<https://osf.io/9742a/>

Rau, R., Carlson, E. N., Back, M. D., Barranti, M., Gebauer, J., Human, L. J., Leising, D., & Nestler, S. (2021). Evidence of global positivity and trait specificity in perceiver effects

- across person impression contexts. *Journal of Personality and Social Psychology*, *120*, 745–764. <https://doi.org/10.1037/pspp0000278>
- \*Tissera, H., \*Kerr, L. G., Carlson, E. N., & Human, L. J. (2020). Social anxiety and liking: Towards understanding the role of metaperceptions in first impressions. *Journal of Personality and Social Psychology*. Advanced Online Publication. <http://dx.doi.org/10.1037/pspp0000363>  
<https://osf.io/d3gtz/>
- \*Kerr, L. G., †Borenstein-Laurie, J., Human, L. J. (2020). Are some first dates easier to read than others? The role of target well-being in distinctively accurate first impressions *Journal of Research in Personality*, *88*, 1-8. <https://doi.org/10.1016/j.jrp.2020.104017>  
<https://osf.io/kbe4u/>
- \*Kerr, L. G., \*Tissera, H., McClure, M. J., Lydon, J. E., & Human, L. J. (2020). Blind at first sight? The role of distinctively accurate first impressions in romantic interest. *Psychological Science*, *31*, 715-728. <https://doi.org/10.1177/0956797620919674>  
<https://osf.io/pm7v9/>
- Human, L. J., Carlson, E. N., Geukes, K., Nestler, S., & Back, M. D. (2020). Do accurate personality impressions benefit early relationship development? The bidirectional associations between accuracy and liking. *Journal of Personality and Social Psychology*, *118*, 199–212. <http://dx.doi.org/10.1037/pspp0000214>  
<https://osf.io/whuc3/>
- Huelsnitz, C. O., Neel, R., & Human, L. J. (2020). Accuracy in perceptions of fundamental social motives: comparisons to perceptions of big five traits and associations with friendship quality. *Personality and Social Psychology Bulletin*, *46*, 3-19. <http://dx.doi.org/10.1177/0146167219838546>  
<https://osf.io/ns4h9/>
- Orehek, E., Human, L. J., Sayette, M. A., Dimoff, J. D., Winograd, R. P., & Sher, K. (2020). Self-expression while drinking alcohol: Does alcohol influence accuracy and positivity of personality expression? *Personality and Social Psychology Bulletin*, *46*, 109-123. <http://dx.doi.org/10.1177/0146167219843933>
- Inagaki, T. K., & Human, L. J. (2020). Physical and social warmth: Warmer daily body temperature is associated with greater feelings of social connection. *Emotion*, *20*, 1093–1097. <http://dx.doi.org/10.1037/emo0000618>  
<https://osf.io/at6d8/>
- +Capozzi, F., +Human, L. J., & Ristic, J. (2020). Attention promotes accurate impression formation. *Journal of Personality*, *88*, 544-554. <http://dx.doi.org/10.1111/jopy.12509>  
+Co-first and corresponding author  
<https://osf.io/nw45a/>

- Human, L. J., \*Mignault, M. C., Biesanz, J. C., & Rogers, K. H. (2019). Why are well-adjusted people seen more accurately? The role of personality-behavior congruence in naturalistic social settings. *Journal of Personality and Social Psychology*, *117*, 465-482. <http://dx.doi.org/10.1037/pspp0000193>  
<https://osf.io/mrwev/>
- Human, L. J., & Mendes, W. B. (2018). Cardiac vagal flexibility and personality impressions: Examining a physiological correlate of the good judge. *Journal of Personality*, *86*, 1065-1077. <http://dx.doi.org/10.1111/jopy.12375>  
<https://osf.io/g9tk5/>
- Magee, C., Buchtel, E., Human, L. J., Murray, D. R., & Biesanz, J. C. (2018). Is personality variability associated with adjustment? *Journal of Research in Personality*, *72*, 22-43. <http://dx.doi.org/10.1016/j.jrp.2016.08.005>
- Human, L. J., Woolley, J. D., & Mendes, W. B. (2018). Effects of oxytocin on receiving help. *Emotion*, *18*, 980-988. <http://dx.doi.org/10.1037/emo0000369>  
<https://osf.io/hkp92/>
- Human, L. J., Thorson, K. R., Woolley, J. D., & Mendes, W. B. (2017). Combining oxytocin administration and positive emotion inductions: Examining associations with social perception and analytical performance. *Hormones & Behavior*, *90*, 120-128. <http://dx.doi.org/10.1016/j.yhbeh.2017.03.002>
- Orehek, E., & Human, L. J. (2017). Self-expression on social media: Do tweets present accurate and positive portraits of impulsivity, self-esteem, and attachment style? *Personality and Social Psychology Bulletin*, *43*, 60-70. <http://dx.doi.org/10.1177/0146167216675332>
- Human, L. J., Chan, M., Ifthikhar, R., Williams, D., DeLongis, A., & Chen, E. (2016). Accuracy and positivity in adolescent perceptions of parent behavior: Links with adolescent psychological adjustment and proinflammatory profiles. *Social Psychological and Personality Science*, *7*, 796-805. <http://dx.doi.org/10.1177/1948550616660590>
- Human, L. J., Dirks, M. D., DeLongis, A., & Chen, E. (2016). Congruence and incongruence in adolescents' and parents' perceptions of the family: Using response surface analysis to examine links with adolescent psychological adjustment. *Journal of Youth & Adolescence*, *45*, 2022-2035. <http://dx.doi.org/10.1007/s10964-016-0517-z>
- Human, L. J., Thorson, K. R., & Mendes, W. B. (2016). Interactive effects between extraversion and oxytocin administration: Implications for positive social processes. *Social Psychological and Personality Science*, *7*, 735-744. <http://dx.doi.org/10.1177/1948550616644964>
- Human, L.J., Whillans, A. V., Hoppmann, C., Klumb, P., Dickerson, S. S., & Dunn, E. W. (2015). Finding the middle ground: Curvilinear associations between positive affect

- variability and daily cortisol profiles. *Emotion*, *15*, 705-720.  
<http://dx.doi.org/10.1037/emo0000071>
- Aknin, L. B., & Human, L. J. (2015). Give a piece of you: Gifts that reflect givers promote closeness. *Journal of Experimental Social Psychology*, *60*, 8-16.  
<http://dx.doi.org/10.1016/j.jesp.2015.04.006>
- Human, L. J., Chan, M., DeLongis, A., †Roy, L., Miller, G. E., & Chen, E. (2014). Parental accuracy regarding adolescent daily experiences: Relationships with adolescent psychological adjustment and inflammatory regulation. *Psychosomatic Medicine*, *76*, 603-610 <http://dx.doi.org/10.1097/PSY.0000000000000105>
- Aiken, A., Human, L. J., Alden, L. E., & Biesanz, J. C. (2014). Try to find me: Social anxiety and first impressions. *Behavior Therapy*, *45*, 851-862.  
<http://dx.doi.org/10.1016/j.beth.2014.08.001>
- Human, L. J., Biesanz, J. C., †Finseth, S., †Pierce, B., & †Le, M. (2014). To thine own self be true: Psychological adjustment promotes judgeability via personality-behavior congruence. *Journal of Personality and Social Psychology*, *106*, 286-303.  
<http://dx.doi.org/10.1037/a0034860>
- Human, L. J., & Biesanz, J. C. (2013). Targeting the good target: An integrative review of the characteristics and consequences of being accurately perceived. *Personality and Social Psychology Review*, *17*, 248-272. <http://dx.doi.org/10.1177/1088868313495593>
- Letzring, T. D. & Human, L. J. (2013). An examination of information quality as a moderator of accurate personality judgment: Information about thoughts and feelings and behaviors increases distinctive accuracy. *Journal of Personality*, *82*, 440-451.  
<http://dx.doi.org/10.1111/jopy.12075>
- Human, L. J., Sandstrom, G. M., Biesanz, J. C., & Dunn, E. W. (2013). Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development. *Social Psychological and Personality Science*, *4*, 395-402.  
<http://dx.doi.org/10.1177/1948550612463735>
- Human, L. J., Biesanz, J. C., Miller, G. E., Chen, E., Lachman, M., & Seeman, T. (2013). Is change bad? Personality change is associated with worse psychological well-being and greater metabolic syndrome in midlife. *Journal of Personality*, *81*, 249-260.  
<http://dx.doi.org/10.1111/jopy.12002>
- Human, L. J., & Biesanz, J. C. (2012). Accuracy and assumed similarity in first impressions of personality: Differing associations at different levels of analysis. *Journal of Research in Personality*, *46*, 106-110. <http://dx.doi.org/10.1016/j.jrp.2011.10.002>
- Human, L. J., Biesanz, J. C., †Parisotto, K. L., & Dunn, E. W. (2012). Your best self helps reveal your true self: Positive self-presentation results in more accurate personality impressions.

*Social Psychology and Personality Science*, 3, 23-30. <http://dx.doi.org/10.1177/1948550611407689>

Human L. J., & Biesanz, J. C. (2011). Target adjustment and self-other agreement: Utilizing trait observability to disentangle judgeability and self-knowledge. *Journal of Personality and Social Psychology*, 101, 202-216. <http://dx.doi.org/10.1037/a0023782>

Human L. J., & Biesanz, J. C. (2011). Through the looking glass clearly: Accuracy and assumed similarity in well-adjusted individuals' first impressions. *Journal of Personality and Social Psychology*, 100, 349-364. <http://dx.doi.org/10.1037/a0021850>

Biesanz, J. C., Human, L. J., †Paquin, A.-C., Chan, M., †Parisotto, K. L., †Sarracino, J. & †Gillis, R. L. (2011). Do we know when our impressions of others are valid? Evidence for realistic accuracy awareness in first impressions of personality. *Social Psychological and Personality Science*, 2, 452-459. <http://dx.doi.org/10.1177/1948550610397211>

†Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (2010). What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality. *Psychological Science*, 21, 1777-1782. <http://dx.doi.org/10.1177/0956797610388048>

Biesanz, J. C., & Human, L. J. (2010). The cost of forming more accurate impressions: Accuracy-Motivated perceivers see the personality of others more distinctively but less normatively than perceivers without an explicit goal. *Psychological Science*, 21, 589-594. <http://dx.doi.org/10.1177/0956797610364121>

Dunn, E. W., Biesanz, J. C., Human, L., & Finn, S. (2007). Misunderstanding the affective consequences of everyday social interactions: The hidden benefits of putting one's best face forward. *Journal of Personality and Social Psychology*, 92, 990-1005. <http://dx.doi.org/10.1037/0022-3514.92.6.990>

## CHAPTERS AND COMMENTARIES

\*Mignault, M. C., & Human, L. J. (2021). *The good target of personality judgments*. In: T. D. Letzring, & J. S. Spain (Eds.), *The Handbook of Accurate Personality Judgment*. Oxford University Press. <http://dx.doi.org/10.1093/oxfordhb/9780190912529.013.7>

Human, L. J. (2020). *Interpersonal perception*. In K. Sweeny & M. L. Robbins (Eds.), *The Encyclopedia of Health Psychology, Volume 2 (The Social Bases of Health Behavior)*. Wiley.

\*Mignault, M. C., & Human, L. J. (2018). Perceiving the disordered personality. Invited Commentary. *European Journal of Personality*, 32, 525-624. <http://dx.doi.org/10.1002/per.2174>

\*Mignault, M. C., & Human, L. J. (2017). Hiring the good target: Toward more integration of expressive accuracy into personnel selection research. Invited Commentary. *European*

*Journal of Personality*, 31, 471-472. <http://dx.doi.org/10.1002/per.2119>

### **CHAired CONFERENCE SYMPOSIA**

Rogers, K. H. & Human, L. J. (July, 2018). *Accuracy across social contexts: Consistency and change across interaction partners, relationship types, and daily interaction quality*, for the European Conference on Personality.

Carlson, E. N., & Human, L. J. (January, 2016). *Is it best to be accurate or biased? Real world consequences of self-knowledge and accurate interpersonal perceptions*, for the Society for Personality and Social Psychology

Human, L. J., & Muscatell, K. A. (May, 2014) *Social Brains, social bodies: Linking neurobiology to perceptions of the social world*, for the Association for Psychological Science.

Human, L. J., & Jackson, J. J. (February, 2014). *New insights on the effects of traits on health: The important role of social processes*, for the Society for Personality and Social Psychology

Chan, M., & Human, L. J. (February, 2014). *Dissecting social relationships and biological consequences: Interdisciplinary dyadic approaches*, for the Society for Personality and Social Psychology.

Carlson, E. N., & Human, L. J. (June, 2011). *Do you see what I see? Personality and contextual factors that affect accuracy in personality impressions*, for the Association for Research in Personality.

### **PEER-REVIEWED CONFERENCE TALKS**

\*Tissera, H., †Peters, M., & Human, L. J. (2020, May). *Achieving meta-accuracy: The roles of self-concept clarity and self-esteem*. Paper accepted for presentation at the annual conference for the Canadian Psychological Association, Montreal, QC.

\*Mignault, M. C., †Thierry, S., Human, L. J. (2020, May). *On accurately expressing one's personality and emotions in first impressions: Links to well-being*. Paper accepted for presentation at the Canadian Psychological Association annual convention. Montreal, QC.

\*Mignault, M. C., †Thierry, S., Human, L. J. (2020, February). *If I show my true personality, will I show my true emotions? Accuracy and positivity in expressing one's personality and emotions*. Paper presented at the Society of Personality and Social Psychology conference. New Orleans, LA.



- \*Mignault, M. C., \*Heyman, J. L., Biesanz, J. C., & Human, L. J. (2019, June). *On being and feeling understood: The roles of transparency and transparency beliefs in well-being*. Paper presented at the Association for Research in Personality, Grand Rapids, MI.
- \*Tissera, H., \*Kerr, L. G., Carlson, E. N., & Human, L. J. (2019, June). *Knowing how you see me: The interpersonal correlates of meta-accuracy in first impressions and the role of social anxiety*. Talk delivered at the International Association for Relationship Research Mini-Conference, Ottawa, ON.
- \*Heyman, J.L., Biesanz, J.C., & Human, L.J. (2019, June). *Nice To Screen You: How Mobile Phone Use Relates to the Accuracy and Positivity of In-Person First Impressions*. Talk presented at the Association for Research in Personality, Grand Rapids, MI.
- \*Kerr, L. G., Tissera, H., McClure, M. J., Lydon, J. E., Wurst, S. N., Back, M. D., & Human, L. J. (2019, June). *Blind at first sight: The role of romantic interest in the positivity and accuracy of first impressions*. Paper presented at the Biennial Meeting of the Association for Research in Personality. Grand Rapids, MI.
- \*Mignault, M. C., \*Heyman, J. L., Biesanz, J. C., & Human, L. J. (2019, June). *On being and feeling understood: The roles of transparency and transparency beliefs in well-being*. Paper presented at the Society for Interpersonal Theory and Research, Grand Rapids, MI.
- \*Mignault, M. C., \*Heyman, J. L., Biesanz, J. C., & Human, L. J. (2019, May). *Miroir, miroir... me rends-tu heureux? La relation entre être perçu de façon juste, se sentir perçu de façon juste, et le bien-être*. Invited paper presented at the convention for the Association Francophone pour le Savoir, Gatineau, QC.
- \*Heyman, J.L., Biesanz, J.C., & Human, L.J. (2019, June) *Online vs. Offline Interactions: The Associations Between Social Media Use and In-Person First Impressions*. Talk presented at the Society for Interpersonal Theory and Research, Grand Rapids, MI.
- \*Kerr, L. G., Auger, E., Lydon, J. E., & Human, L. J. (2019, June). *Chase your dreams, together: The role of accurate goal perception in romantic relationships*. Paper presented at the Annual Meeting of the Society for Interpersonal Theory and Research. Grand Rapids, MI.
- \*Mignault, M. C., Rogers, K. H., & Biesanz, J. C., & Human, L. J. (February, 2019). *Who is more knowable and why? The role of target well-being in expressive accuracy*. Paper presented at the Society for Personality and Social Psychology Annual Conference. Portland, OR.
- Human, L. J., Rogers, K. H., & Biesanz, J. C. (July, 2018). *Is expressive accuracy a core individual difference? The cross-contextual consistency of transparency*. Paper presented at the European Conference on Personality. Zadar, Croatia.

- \*Gazzard, L. C., & Human, L. J. (June, 2018). *Blind at first sight? The role of positivity and accuracy of first impressions in romantic interest*. Paper presented at the Annual Meeting of the Society for Interpersonal Theory and Research. Montreal, QC.
- \*Mignault, M. C., & Human, L. J. (June, 2018). *Why is the well-adjusted person a transparent person? The role of behavioral congruence in naturalistic social settings*. Paper presented at the Annual Meeting of the Society for Interpersonal Theory and Research. Montreal, QC.
- Human, L. J. (June, 2017). *Accurate personality impressions and social evaluations: When accuracy helps and when it hurts*. Paper presented at the Association for Research in Personality Annual Conference. Sacramento, CA.
- Aknin, L. B. & Human, L. J. (January, 2017). *Give a piece of you: Gifts that reflect givers promote closeness*. Paper presented at the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.
- Human, L. J., Geukes, K., Nestler, S., Back, M. D. (July, 2016). *The role of accuracy and bias in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the Society for Interpersonal Theory and Research Annual Conference. Berlin, Germany.
- Human, L. J., \*Whillans, A., Hoppmann, C., Klumb, P., Dickerson, S. S., & Dunn, E. W. (June, 2015). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Paper presented at the Association for Research in Personality Meeting. St. Louis, MO.
- Human, L. J., \*Thorson, K. R., Woolley, J., & Mendes, W. B. (April, 2015). *When two positives make a negative: Interactive effects of oxytocin administration and positive emotion inductions on affective and cognitive outcomes*. Paper presented at the Positive Emotions preconference at the Society of Affective Science meeting. Oakland, CA.
- Human, L. J., Chan, M., DeLongis, A., \*Roy, L., Miller, G. E., & Chen, E. (August, 2014). *Parental accuracy regarding adolescent daily experiences: Associations with adolescent psychological adjustment and inflammatory regulation*. Paper presented at the International Congress of Behavioral Medicine. Groningen, Netherlands.
- Human, L. J., Chan, M., DeLongis, A., \*Roy, L., Miller, G. E., & Chen, E. (May, 2014). *Parental perceptions and adolescent inflammatory regulation: The importance of accuracy*. Paper presented at the Association for Psychological Science meeting. San Francisco, CA.
- Human, L. J., Chan, M., DeLongis, A., \*Roy, L., Miller, G. E., & Chen, E. (February, 2014). *Accurate perceptions & inflammatory processes: Parent-adolescent dyads*. Paper presented at the meeting of the Society for Personality and Social Psychology. Austin, TX.

Biesanz, J. C., Human, L. J., Sandstrom, G. S., & Dunn, E. W. (February, 2014). *Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development*. Paper presented at the meeting of the Society for Personality and Social Psychology. Austin, TX.

Human, L. J. & Biesanz, J. C. (May, 2012). *An open book: The role of judgeability in first impressions of personality*. Paper presented at the meeting of the Association for Psychological Science. Chicago, IL.

Human, L. J., Biesanz, J. C., & Dunn, E. W. (June, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Paper presented at the meeting of the Association for Research in Personality. Riverside, CA.

Human, L. J., & Biesanz, J. C. (January, 2010). *Accurate self-knowledge, expressive accuracy, and the relationship to adjustment*. Paper presented at the meeting of the Society for Personality and Social Psychology. Las Vegas, NV.

Human, L. J., & Biesanz, J. C. (June, 2009). *The benefits of seeing others as we are: The social accuracy model of interpersonal perception and the relationship between assumed similarity and adjustment*. Paper presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

## INVITED CONFERENCE TALKS

Human, L. J., (February, 2020). *Assessing accuracy and bias in close relationships: An introduction to the Social Accuracy Model*. Paper presented at the Close Relationships Preconference to the annual to the Society for Personality and Social Psychology Annual Conference. New Orleans, LA.

Human, L. J., Geukes, K., Nestler, S., & Back, M. D. (July, 2016). *The role of personality impressions in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the European Conference for Personality Psychology, Invited Symposium. Timisoara, Romania.

Human, L. J., (June, 2016). *The role of personality impressions in emerging social relationships: Intra- and inter-personal associations over time*. Paper presented at the Canadian Psychological Association Social-Personality Pre-Conference. Victoria, BC.

Human, L. J. (January, 2016). *Health correlates and consequences of social perception*. Invited paper presented at the Social, Personality, and Health Pre-Conference to the Society for Personality and Social Psychology Annual Conference. San Diego, CA.

Human, L. J. (January, 2016). *Biological causes and consequences of social perception*. Invited paper presented at the Social Cognition Pre-Conference to the Society for Personality and Social Psychology Annual Conference. San Diego, CA.

Human, L. J., Sandstrom, G. S., Biesanz, J. C., & Dunn, E. W. (March, 2013). *Accurate first impressions leave a lasting impression: The long-term effects of accuracy on relationship development*. Paper presented at the meeting of the World Conference for Personality, Invited Symposium. Stellenbosch, South Africa.

Human, L. J. (June, 2010). *The social accuracy model of interpersonal perception: Assessing individual differences in perceptive and expressive accuracy*. Invited paper presented at the Canadian Psychological Association Social & Personality Pre-Conference. Winnipeg, MB.

## INVITED COLLOQUIA

University of Texas at Austin, October 2020  
 Université du Québec à Montréal, November, 2019  
 University of North Carolina, Chapel Hill, March, 2018  
 University of California, San Francisco, February 2015  
 University of Denver, December 2014  
 Michigan State University, November 2014  
 University of Pittsburgh, November 2014  
 University of Utah, November 2014  
 Graduate School of Business, Stanford University, November 2014  
 Harvard University, October 2013  
 Kellogg School of Management, Northwestern University, January 2013  
 Washington University in St. Louis, December 2012  
 University of Toronto, November 2012  
 University of Pittsburgh, November 2012  
 Northwestern University, October 2012

## CONFERENCE POSTER AND BRIEF PRESENTATIONS

\*Graduate Student; †Undergraduate Student

\*Kerr, L. G., †Borenstein-Laurie, J., Human, L. J. (2021, February). *Are some first dates easier to read than others? The role of target well-being in distinctively accurate first impressions*. Poster presented at the Society for Personality and Social Psychology Virtual Conference.

\*Heyman, J. L., & Human, L. J. (2021, February). *When Having One's Phone Out may be Good for Your Relationship: Exploring the Role of Normative Empathic Accuracy in the Relationship between Cell Phone Use and Relationship Quality*. Poster presented at the Society for Personality and Social Psychology Virtual Conference.

\*Mignault, M. C., & Human, L. J. (2021, February). *Empathic Accuracy in the Wild: Can We Assess and Predict Empathic Accuracy in Highly Naturalistic Social Contexts?* Poster presented at the Society for Personality and Social Psychology Virtual Conference.

- †Marchand, G., \*Mignault, M. C., Human, L. H. (2020, May). *Self-disclosure predicts relationship satisfaction: A field study across relationship types*. Poster accepted for presentation at the Canadian Psychological Association annual convention. Montreal, Quebec.
- \*Heyman, J. L., & Human, L. J. (2020, February) *You, Me, and AT&T: How the Presence of a SmartPhone Influences Empathic Accuracy and Relationship Outcomes in Couple Interactions*. Poster presented at the Society for Personality and Social Psychology Conference, New Orleans, LA.
- \*Heyman, J. L., & Human, L. J. (2020, February) *Phones & Personality: How Different Types of Phone Use Relate to Personality from Self- and Close-Other Perspectives*. Poster presented at the Personality Preconference of the Society for Personality and Social Psychology Conference, New Orleans, LA.
- \*Tissera, H., \*Kerr, L. G., Carlson, E. N., & Human, L. J. (2020, February). *Perceiving you, perceiving me: Links between metaperceptions and initial liking and the role of social anxiety*. Poster presented at the Society for Personality and Social Psychology Annual Conference. New Orleans, La, USA.
- \*Heyman, J. L., & Human, L. J. (2019, May). *Nice to Screen You: Problematic Phone Use Relates to Seeing Others Less Positively in In-Person First Impressions*. Poster presented at the Association for Psychological Science Conference, Washington, DC.
- Engstrom, H., Laurin, K., Human, L. J. (2019, February). *“Everybody loves me” – Donald Trump (and other rich people, probably): High socioeconomic status (SES) predicts more positive meta-perceptions of both competence and warmth*. Poster presented at the Society for Personality and Social Psychology Conference, Portland, OR.
- \*Heyman, J. L., & Human, L. J. (2019, February). *Screen Time vs. Face-to-Face Time: How Mobile Phone Use Relates to the Normativity and Accuracy of First Impressions in In-Person Interactions*. Poster presented at the Society for Personality and Social Psychology Conference, Portland, OR.
- \*Kerr, L. G., Auger, E., Lydon, J. E., & Human, L. J. (2019, February). *Chase your dreams, together: The role of accurate goal perception in romantic relationships*. Poster presented at the Society for Personality and Social Psychology Annual Conference. Portland, OR.
- †Enestrom, M. C., \*Kerr, L. G., & Human, L. J. (February, 2019). *Humans vs. Computers: Who forms more accurate personality impressions?* Poster presented at the Personality Dynamics Preconference to the Society for Personality and Social Psychology Annual Conference. Portland, OR.
- \*Tissera, H., Jenkins, R., Human, L. J., & Lydon, J. E. (February, 2019). *What is perceived as beautiful is accurately understood: A conceptual replication and attention as a proposed*

*mechanism*. Poster presented at the International Society for Personality and Social Psychology convention, Portland, OR.

- \*Mignault, M. C., Sandre, A. K., Human, L. H., & Weinberg, A. (October, 2018). *Larger neural response to negative emotions hinder mothers' accurate perception of daughters' depression*. Poster presented at the Society for Psychophysiological Research, Québec City, Québec.
- \*Gazzard, L. C., McClure, M. J., Lydon, J. E., & Human, L. J. (June, 2018). *Blind at first sight? The role of positivity and accuracy of first impressions in romantic interest*. Gimme-5 Talk and poster presented at the annual conference for the Canadian Psychological Association. Montreal, QC.
- \*Heyman, J. L., & Human, L. J. (June, 2018). *Screen time vs. face-to-face time: How mobile phone use relates to the normativity and accuracy of first impressions*. Gimme-5 Talk and poster presented at the annual conference for the Canadian Psychological Association. Montreal, QC.
- \*Mignault, M. C., Rogers, K. R., Biesanz, J. C., & Human, L. J. (June, 2018). *My well-being helps you see me: Well-being and personality coherence predict being accurately perceived*. Gimme-5 Talk and poster presented at the annual conference for the Canadian Psychological Association. Montreal, QC.
- \*Tissera, H., Hurley, S., Human, L. J., & Lydon, J. E. (March, 2018). *When partner accuracy helps: How partner perceptions during stressful life events may benefit relational well-being*. Poster presented at the annual conference for the Canadian Psychological Association. Montreal, QC.
- \*Heyman, J. L., & Human, L. J. (June, 2018). *Screen time vs. face-to-face time: How mobile phone use relates to the normativity and accuracy of first impressions*. Poster presented at the Annual Meeting of the Society for Interpersonal Theory and Research. Montreal, QC.
- \*Gazzard, L. C., McClure, M. J., Lydon, J. E., & Human, L. J. (March, 2018). *Blind at First Sight? The Role of Positivity and Accuracy of First Impressions in Romantic Interest*. Poster presented at the Society for Personality and Social Psychology Annual Conference. Atlanta, GA.
- \*Tissera, H., Gazzard, L. C., & Human, L. J. (March, 2018). *Blind to how you see me: Meta-accuracy mediates the links between social anxiety and romantic interest*. Poster presented at the Society for Personality and Social Psychology Annual Conference. Atlanta, GA.
- \*Finalist for Student Poster Award
- \*Heyman, J. L., & Human, L. J. (March, 2018). *More is not always better: The curvilinear relationship between social media use and first impressions*. Poster presented at the Society for Personality and Social Psychology Annual Conference. Atlanta, GA.

- \*Mignault, M. C., Rogers, K. R., Biesanz, J. C., & Human, L. J. (March, 2018). *Why is the Well-Adjusted Person a Transparent Person? The Role of Behavioral Congruence in Naturalistic Social Settings*. Poster presented at the Society for Personality and Social Psychology Annual Conference. Atlanta, GA.
- \*Mignault, M. C., Rogers, K. R., Biesanz, J. C., & Human, L. J. (March, 2018). *Why is the Well-Adjusted Person a Transparent Person? The Role of Behavioral Congruence in Naturalistic Social Settings*. Poster presented at the Happiness & Well-Being Pre-Conference to the Society for Personality and Social Psychology Annual Conference. Atlanta, GA.
- \*Gazzard, L. C., & Human, L. J. (July, 2017). *Blind at first sight? The role of romantic interest in the positivity and accuracy of first impressions*. Flash talk presented at the Pre-Congress to the International Positive Psychology Congress. Montreal, QC.  
*Winner of Outstanding Presentation Award*
- \*Heyman, J. L., & Human, L. J. (June, 2017). *Online social network use and in-person social interactions: Associations with the positivity and accuracy of personality impressions*. Flash talk presented at the Pre-Congress to the International Positive Psychology Congress. Montreal, QC.
- \*Mignault, M. C., Rogers, K. R., Biesanz, J. C., & Human, L. J. (June, 2017). *The transparent person is a happy person*. Flash talk presented at the Pre-Congress to the International Positive Psychology Congress. Montreal, QC.
- \*Gazzard, L. C., McClure, M. J., Lydon, J. E., & Human, L. J. (January, 2017). *Blind at first sight? The role of romantic interest in the positivity and accuracy of first impressions*. Poster presented at the Emotion Preconference to the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.
- \*Heyman, J. L., Biesanz, J. C., & Human, L. J. (January, 2017). *Online social network use and in-person social interactions: Associations with the positivity and accuracy of personality impressions*. Poster presented at the Lifespan Social-Personality Preconference to the Society for Personality and Social Psychology Annual Conference. San Antonio, TX.
- Human, L. J., Whillans, A., Hoppmann, C., Dickerson, S. S., & Dunn, E. W. (April, 2014). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Poster presented at the inaugural meeting of the Society for Affective Science. Washington, DC.
- Human, L. J., Chan, M., Miller, G. E., & Chen, E. (January, 2013). *Accurate impressions of daily stressors in parent-child dyads are linked to greater glucocorticoid sensitivity in children*. Paper presented at the Social, Personality, and Health Pre-Conference data blitz at the meeting of the Society for Personality and Social Psychology. New Orleans, LA.

Human, L. J., Biesanz, J. C., & Finseth, S. (January, 2012). *How to be an open book: Examining the links between psychological adjustment and expressive accuracy*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. San Diego, CA

Human, L. J., Biesanz, J. C., Miller, G. E., Chen, E., Lachman, M., & Seeman, T. (January, 2012). *Is change bad? Personality change and the metabolic syndrome*. Paper presented at the Social, Personality, and Health Pre-Conference data blitz at the meeting of the Society for Personality and Social Psychology. San Diego, CA.

Human, L. J., Biesanz, J. C., Parisotto, K. L., & Dunn, E. W. (January, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.

Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (January, 2011). *What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.

Human, L. J., & Biesanz, J. C. (June, 2009). *The role of adjustment in perceptive and expressive accuracy*. Poster presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

Human, L. J., & Biesanz, J. C. (January, 2009). *Personality perception and personal and relationship well-being: The unique roles of differential and normative accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Tampa, FL.

Human, L. J., Jackson, J. J., & Biesanz, J. C. (January, 2008). *How do impressions change over time? Length of exposure and changes in differential and stereotype accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Albuquerque, NM.

Human, L. J., Dunn, E.W., & Biesanz, J. C. (January, 2007). *The hidden benefits of valentine's: How impressing your partner can improve your mood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Memphis, TN.

### **Courses Taught**

Fall 2020,	PSYC 473: Social Cognition and the Self, McGill University
Winter 2020	Mean teaching excellence rating: 4.5/5
Fall 2016,	PSYC 725: Social & Personality Psychology, McGill University
Winter 2018,	Topic: Accurate Social Perception (Graduate Seminar)
Fall 2019	Mean teaching excellence rating: 5/5
Fall 2016,	PSYC 535: Advanced Topics in Social Psychology, McGill University



Winter 2018            Topic: Accurate Social Perception (Undergraduate Seminar)  
 Fall 2019              Mean teaching excellence rating: 4.8/5

Winter 2016, 2017,    PSYC 215: Introduction to Social Psychology, McGill University  
 Fall 2017                Mean teaching excellence rating: 4.4/5

## **PROFESSIONAL ACTIVITIES**

### **Associations**

Society for Personality and Social Psychology (Division 8, APA)  
 Association for Research in Personality Psychology  
 Association for Psychological Science  
 Social Personality and Health Network  
 Society for Affective Science

### **Associate Editor**

2020-2021    Journal of Personality and Social Psychology  
 2021-present   Personality Science

### **Editorial Board Member**

2018-present   Social and Personality Psychology Compass  
 2018-present   Social Psychological and Personality Science  
 2017-2019      Journal of Personality and Social Psychology  
 2017-present   European Journal of Personality  
 2017-present   Emotion

### **Ad Hoc Journal Reviewer**

*Psychological Bulletin, Perspectives on Psychological Science, Current Directions in Psychological Science, Nature Human Behavior, Personality and Social Psychology Review, Personality and Social Psychology Bulletin, Health Psychology, Journal of Research in Personality, Journal of Social and Personal Relationships, Organizational and Human Behavior, Psychological Methods, Psychological Assessment, Journal of Social Psychology, Journal of Individual Differences*

### **Grant Reviews**

2016    Social Science and Humanities Research Council of Canada Insight Grants Competition

### **Conference Proceedings and Programs**

2018    Reviewer, Summer School of Personality Science Submissions  
 2016    Reviewer, Society for Personality and Social Psychology Symposia Submissions  
 2016    Reviewer, Canadian Psychological Association Symposium & Poster Submissions  
 2015    Reviewer, Society for Personality and Social Psychology Data Blitz Submissions  
 2014    Reviewer, Society for Personality and Social Psychology Poster Submissions

### **Departmental Service (McGill University)**

2020 – 2021            Executive Committee

2020 – 2021	Development and Philanthropy Committee
2020 – 2021	Undergraduate Committee
2019 – 2020	Faculty Lecturer Search Committee
2019 – 2020	Doctoral Tri-Council Fellowships Committee
2017 – 2018	Social Psychology “Tupperware” Speaker Series
2017 – 2018	Executive Committee
2017 – 2018	Social Psychology Search Committee, Co-Chair
2016 – 2017	Social Psychology Search Committee
2015 – present	Human Participant Pool
2015 – 2018	Masters-Level Tri-Council Fellowships Committee

#### **University Committees (McGill University)**

2019 – 2020	Committee for Student Standing, Faculty of Science
2017 – 2018	Program Administration Committee for Bachelor of Arts and Science
2015 – 2017	Committee for Student Standing, Faculty of Science

#### **University Dissemination and Community Activities (McGill University)**

2017	Presenter, FRQSC Grant Information Session
2016	Presenter at Snappy Science, Canada Wide Science Fair
2015	Presenter at Soup & Science, Faculty of Science Orientation Week
2015	Presenter at Faculty of Science Meeting, Research Presentation

#### **Broader Service**

2017	Women in Stem Mentor, Science Literary Week
2016	Round-table lunch host, “Navigating the Academic Job Market” Social, Personality, and Health Psychology Pre-conference to SPSP